

JIM THORPE SPORTS DAYS 2007

ATHLETIC RULES

I DETERMINING THE WINNER:

Competition for points towards determining the overall winner of Jim Thorpe Sports Days (JTSD) among the competing Senior Service Colleges (SSCs) will be in the 14 sporting events (1-mile relay, 2-mile relay; 5-mile run; 5K run; basketball, men's bowling; women's bowling; men's golf; women's golf; racquetball; soccer; softball, tennis and volleyball).

The Jim Thorpe Sports Days Commander's Trophy will be awarded to the SSC, which accumulates the most points for the fourteen events. Each of the events for the SSC competition will have a maximum team value of 30 points awarded as follows:

First place team	10
Second place team	8
Third place team	6
Fourth place team	4
Fifth place team	2

NOTE: Zero points will be awarded to any SSC that does not field a team in an event or have the minimum amount complete in an event. Example: Army has the minimum of 3 women runners for the 5K run. Only two runners finish the race, the third becomes incapacitated on the route and can't finish. Army receives zero team points for the 5K run. However the two Army runners that did finish the 5K run are eligible for the individual awards.

a. Team trophies will be presented to the team winning each of the 14 events. The SSC winning the trophy will maintain the trophy until the next Jim Thorpe Sports Days competition.

b. Individual medals will be presented to all members of the first place team in each of the 14 events.

c. Individual medals will be presented for the top three individual finishers in the following events: Women's 5K Run, Men's 5 Mile Run, Men's Golf, Women's Golf, Men's Bowling and Women's Bowling. (These awards are separate and distinct from team awards and have no value in the overall team scoring).

d. Team placement will be determined as prescribed in each sport rules for competition, to include tiebreaking rules.

e. In case of SSC team point ties, tiebreaking rules are:

(1) The SSC having the most first place team finishes.

(2) The SSC having the most second place team finishes.

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- (3) The SSC having the most third place team finishes, fourth place finishes, until ties are broken.
- (4) Result of head-to-head competition between the tied SSCs.

f. If round robin competition cannot be completed in any event, that event will be dropped from the competition and no points awarded.

NOTE: When the Marine War College competes, they will not be participating for the overall Commander's Trophy; due to the lack of numbers, to participate in enough events in order to collect enough points towards the overall winner. However, they will be eligible for all team and individual awards. When the Marines win an event, they will be awarded the trophy and individual awards; however, the other schools who are participating for the Commander's Trophy, will move up one place and be awarded the points for that position.

EXAMPLE: Marines are 1st in golf, Army 2nd, Air 3rd, Navy 4th, ICAF 5th, and National 6th. Marines would not be awarded the 1st place points; however, points will be awarded to the other schools as follows. Army 1st, Air 2nd, Navy 3rd, ICAF 4th, and National 5th place.

II OFFICIALS

a. Officials will be contracted with the Carlisle Barracks Sports Branch. Officials for basketball, soccer and volleyball will be from the National Federation High School Basketball Officials Association (NFSHSA) and the Pennsylvania Interscholastic Athletic Association (PIAA). Softball will be officiated by Amateur Softball Association (ASA) Umpires.

b. If necessary, non-participating players or coaches will be utilized to officiate the following events:

- (1) Racquetball – on-site Carlisle Barracks Racquetball Representative.
- (2) Tennis – on-site Barracks Racquetball Representative.
- (3) Bowling – Carlisle Barracks Bowling Lanes Manager
- (4) Golf – Carlisle Barracks Golf Pro.

c. The following events will be officiated by the Carlisle Barracks Sports Staff.

- (1) 1 – mile relay
- (2) 2 – mile relay

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(3) 5 – mile run

(4) 5K – run

d. Score cards, record of matches, and score sheets will be completed, and authenticated by the chief official, team captains, and/or players themselves, as appropriate. The Jim Thorpe Sports Day individual event commissioner is responsible for ensuring the hard copies for his/her event is turned into the Sports Day Operations Center, not later than one hour after the completion of each game/match/meet/round, etc. Hand-held radios will be used to transmit immediate results to the Operations Center.

III SUPPLIES:

The following equipment/supplies will be the official equipment/supplies for the 2007 JTSD competition. All equipment/supplies will be furnished by the Sports Director. Please do not bring practice balls for soccer, volleyball, basketball and softball, these will be provided.

- | | |
|-------------------|---------------------------------|
| a. Softballs | Dudley 44 Core. |
| b. Basketball | Spaulding T-1000 narrow channel |
| c. Volleyball | Tachickara soft touch |
| d. Soccer | Brine collegiate competition |
| e. Racquetball | PENN Pro – tournament (green) |
| f. Golf | Participants provide own |
| g. Tennis | Wilson T 1000 compressed |
| h. Bowling | Participants provide own |
| i. Running events | Numbers and batons provided |

IV TEAM ROSTERS

- a. Team composition will not exceed the following:

<u>EVENT</u>	<u>MINIMUM</u>	<u>MAXIMUM</u>
1 mile relay (women only)	4 person roster	4 person roster

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2 mile relay (men only)	4 person roster	4 person roster
5K run (women only)	3 person roster	5 person roster
5 mile run (men only)	5 person roster	7 person roster
Basketball	5 person roster	15 person roster
Bowling (women)	4 person roster	6 person roster
Bowling (men)	6 person roster	8 person roster
Golf (women)	4 person roster	6 person roster
Golf (men)	8 person roster	12 person roster
Racquetball	4 person roster	6 person roster
Soccer	11 person roster	20 person roster
Softball	10 person roster	15 person roster
Tennis	4 person roster	6 person roster
Volleyball	6 person roster	15 person roster

NOTE: In order for a SSC team to gain team points for any event, they must have the minimum roster strength participating (example Army must have 3 women participate and finish in the women's 5K run in order to gain team points in that event. If only one or two runners participate for Army, those runners may receive individual awards, but Army will receive zero team points).

b. Members for each sport may also include player-coaches. Non-playing coaches do not count in the roster total.

c. Participating members of Sports Day competition will be students of the current resident SSC class only. Staff, faculty and/or spouses may serve as coaches / managers / scorers / timers / commissioners, but cannot participate as a player.

d. A coaches meeting will be held Thursday 26 April 1600 in the Letort View Community Center (LVCC). All coaches should attend this meeting or have a team representative. At this time, a copy of your most recent roster will be submitted to the Sports Director. These rosters will not exceed the maximum number of players allowed for each particular event. Individual game/match line-ups will be completed prior to each event.

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e. Each team will have until the start of their first competition for each particular event to make changes to their team roster. (Example: National and Army turn in their basketball rosters at the coaches meeting on Thursday afternoon. National and Army play their first game Friday at 0800. Either team may change their official roster until they put their official line up in the official scorebook prior to the 0800 game). Roster changes may be made after this to replace an injured player only. However, once a person is removed from a roster that person is off that particular roster for the remainder of the 2007 Jim Thorpe Sports Days competition for that particular event.

V PROTEST

a. The judgment of the game/match official or resident pro on the field/court of play will be final. Protests lodged on the basis of "judgment calls" made during the competition will not be a basis for protest.

b. All valid protests will be ruled on by the Protest committee before any further play. When a protest is filed with the on-site commissioner, he/she shall immediately suspend play and contact by radio the Sports Director, and/or JTSD Faculty Advisor. Once all the facts have been heard, a decision will be rendered. That decision will be final, and then play will resume from the point at which play was suspended due to the protest.

c. The Protest Committee (a game official may be included in this committee if appropriate) will only be involved if the following conditions are met:

- (1) The basis of the protest relates to an interpretation of that particular Sports playing rules, and/or the rules contained in this document.
- (2) The basis of the protest, if in regards to eligibility of a participant of That of an administrative interpretation, must be presented in writing to one of the Protest Committee members not later than two hours completion of the scheduled competition, with evidence to support the alleged violation.
- (3) Protest resolution will be announced by the Sports Director and/or the Army Faculty Advisor. All decisions by the Protest Committee will be final.

VI SPORTS RULES:

The method of competition will be head-to-head round robin. Each SSC team competes against all other SSC teams in each of the 14 sport events as scheduled (except in sports such as golf, bowling, and all running events, where teams will compete against each other in one group match/meet).

The format for competition and rules for each of the sports will be as follows:

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a. BASKETBALL: Competition will be in accordance with the National Federation of State High School Associations (NFSHSA). Each game will be played in four eight-minute periods. All overtime periods will be three minutes in length. Each team is allowed five time outs per game, with an additional time out for each overtime period.

All time outs will be 60 seconds in length. No 30 second time outs.

The SSC team with the most wins at the end of the round robin competition will be declared the champion. Second, Third, Fourth and Fifth place will be determined by descending number of wins. Tiebreaking rules:

- (1) Results of head-to-head competition between two tying teams.
- (2) If more than two teams are tied for the same position, largest total point differential between scored and yielded, computed for each team against the other teams who are tied for the same position.

b. MEN'S BOWLING: Competition will be in accordance with the United States Bowling Congress (USBC rules, no handicap). Each team consists of six bowlers. Each team will divide its six bowlers into two squads of three bowlers each day (A and B Squad). A team captain may replace a squad member with one of the two substitutes on the roster at any time during the match, but **no bowler can bowl more than six games during the competition.** A replaced bowler cannot re-enter the same 3 game set from which he was removed. Total pins for each team will be computed as follows. After squads (A and B) have bowled each day, each team will keep only the five best scores for each game.

Example: Army's A Squad have the scores for their first game, Bowler 1 – 125, bowler 2 – 180, bowler 3 – 210, Army's B Squad have the scores as follows for their first game, bowler 1 – 200, bowler 2 – 205, bowler 3 – 150, giving the highest individual scores of 215, 205, 200, 180, and 150. The low score of 125 bowled by A Squad's bowler 1, is thrown out and the five highest scores are used to compute the score for team Army's first game (950). This system is used to compute the scores for all 6 games bowled to determine the winner.

In the event of teams being tied for position after final scores are computed, then the scores for all six bowlers for all games bowled will be computed to determine the winner. In the unlikely event this also produces a tie; it will be decided by the team with the highest individual 6 – game series (6 games by one bowler).

Individual medals (noted in paragraph I.c. above) will be awarded to the top 3 bowlers based on total pin count. (There is no provision for averaging games for bowlers pulled out of the competition with less than 6 games bowled.)

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c. WOMEN'S BOWLING: Competition will be in accordance with the United States Bowling Congress (USBC rules, no handicap). Each team consist of four bowlers. All women will bowl first round Thursday 26 April, at 1630, and second round Friday 27 April immediately following the completion of the Men's Bowling (B Squad) but not earlier than 1000. A team captain may replace a squad member with one of the two substitutes on the roster at any time during the match, but **no bowler can bowl more than six games during the competition.** A replaced bowler cannot re-enter the same 3 game set from which she was removed. Total pins for each team will be computed as follows. After each day, each team will keep only the three best scores for each game.

Example: Army's women have the scores for their first game, Bowler 1 – 125, bowler 2 – 180, bowler 3 – 210, bowler 4 – 200 giving the highest three individual scores of 180, 210, 200. The low score of 125 bowled by Army's bowler 1, is thrown out and the three highest scores are used to compute the score for team Army's first game (560). This system is used to compute the scores for all 6 games bowled to determine the winner. In the event of teams being tied for position after final scores are computed, then the scores for all four bowlers for all games bowled will be computed to determine the winner. In the unlikely event this also produces a tie, it will be decided by the team with the highest individual 6 – game series (6 games bowled by one bowler).

Individual medals (noted in paragraph l.c. above) will be awarded to the top 3 bowlers based on total pin count. (There is no provision for averaging games for bowlers pulled out of the competition with less than 6 games bowled.)

d. GOLF (MEN): Competition will be in accordance with USGA rules; medal play; 36 holes; shotgun start at 1300 Friday, 27 April 2007, and 0800 Saturday 28 April 2007, (Groupings established by scores from round 1 – lowest score from each SSC grouped into foursomes). A maximum of 12 players for each SSC on team roster. Foursomes for Friday will consist of one golfer from each SSC grouped based on handicap provided. Lowest eight gross scores for each SSC (each day) will be used for team total score.

In the event of teams being tied for a position after final scores are computed, then the lowest score from the other four players will be added to the total (now using lowest nine scores). If ties still exist, then go to the tenth lowest scores and the 11 and the 12th until a winner is determined. In the unlikely event this also produces a tie; it will be decided by the team with the lowest individual gross score, then second, third etc.

e. GOLF (WOMEN): Competition will be in accordance with USGA rules; medal play; 36 holes shotgun start at 1300 Friday, 27 April 2007, and 0800 Saturday 28 April 2007, (Groupings established by scores from round 1 – lowest score from each SSC grouped into foursomes). A maximum of six players for each SSC on team roster. Foursomes for Friday will consist of one golfer from each SSC grouped based on handicap provided. Lowest four gross scores for each SSC (each day) will be used for team total score.

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In the event of teams being tied for a position after final scores are computed, then the lowest score from the fifth and sixth players will be added to the total. In the unlikely event this also produces a tie, it will be decided by the team with the lowest individual gross score, then second, third etc;

Individual medals (noted in paragraph I.c. above) will be awarded to the three golfers with the lowest 36 hole scores.

f. GOLF TIE BREAKER FOR MEN AND WOMEN: In the event one of the tied teams only has the minimum number required participants then each team tied will appoint 1 player to participate in a sudden death play-off. The participants involved in the play – off will begin on hole #1. If a tie still exists then players will proceed to hole #9. Play offs will be held strictly on holes 1 and 9.

NOTE: A practice round is planned for Friday morning. There will not be a formal pairing for this round. However, each school must call the Carlisle Barracks Golf Course (717) 243-3262 NLT, COB Wednesday 25 April 2007, in order to play in this practice round. There will be a shotgun start for this round beginning at 0800 Friday 27 April 2007.

WHEN FORWARDING YOUR TEAM ROSTERS FOR BOTH MEN AND WOMEN, PLEASE INCLUDE HANDICAPS. THESE WILL BE USED FOR PAIRINGS IN THE FIRST ROUND.

Any participant using an illegal club will be disqualified from all competition and may not be replaced on the team. Only clubs that are authorized to be used for tournament play in the United States will be considered legal.

Preferred lies will be in effect as follows: In your own fairway only, the ball may be marked, cleaned and replaced within 12 inches, no nearer the hole. The rule applies to closely mown areas around the green as well as in other portions of the fairway. If doubt exists as to whether a ball is in the fairway, consultation with other members of the playing group will be used to resolve the issue.

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In the event that during play a circumstance arises that is not covered in the USGA rules or this document, or if doubt exists in the mid of the player, a provisional ball should be played in addition to the original, until a ruling can be obtained from the Club Professional.

Ground under repair: Free drop, one club length no closer to the hole.

Out of bounds is defined by the inside edge of the jogging track, fences, paved roads and white stakes.

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Area adjacent to holes #3 and #17 is considered a waste area.

A maximum score of double par is allowed. Please pick-up at that time to speed up play.

g. RACQUETBALL; Competition will be in accordance with ARA rules: Head-to-head competition with all SSC teams (one doubles and two singles) playing best two out of three games.

- (1) Players designated to play as singles, may not compete as members of the doubles team during the same head-to-head match. Prior to each head-to-head match, each team coach will simultaneously hand the official his/her lineup. In case of player injury, the extra player on the team roster can be substituted for the injured player. Under no circumstances can any player participate in more than one match (singles or doubles) in any SSC head-to-head competition
- (2) A match between each team (doubles or singles) will be best two of Three games. Each game will be played to 15 points, (first player to 15 wins), with a third game (tie breaker) played to 11 points (first Player to reach 11 wins).
- (3) The winner of the head-to-head competition will be the winner of at least two of the three matches. Points toward the overall racquetball competition will be awarded as follows
 - (a) Each match (doubles or singles) win = 1 point.
 - (b) Winner of the head-to-head competition = 3 points.
 - (c) Subsequent ties will be broken by largest point differential between scored and yielded in the five matches (two doubles and three singles) played head-to-head.

h. TENNIS: Competition will be in accordance with United States Tennis Association (USTA): Head-to-head rules with all teams (one doubles and two singles) playing the best two out of three sets.

(1) A player designated to play as a singles team player **may not** compete as a member of the doubles team during the same head-to-head competition. Prior to each head-to-head competition, each team coach will simultaneously hand the official his lineup. Under no circumstances can any player participate in more that one match (singles or doubles) in any SSC head-to-head match.

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(2) A match between each team (doubles or singles) will be two of three sets. Sets tied at 6-6 will advance to a 9 point tie-breaker, first to 5 points wins (You do not need to win by 2).

(3) The winner of the head-to-head competition will be the winner of at least two of the matches. Points toward the overall tennis championship will be awarded as follows:

(a) Each match (doubles or singles) win = 1 point

(b) Winner of the head-to-head competition =
3 points

(4) The SSC teams with the most points gained toward the overall tennis competition will be declared champions. Second, third, etc., finishers will be determined by descending points gained. Tie-breaking rules:

(a) Results of the head-to-head competition between the two tying SSC teams.

(b) If more than two SSC teams are tied for the same position, order of finish will be determined by most sets won in round-robin competition amongst the tied teams.

(c) Subsequent ties will be broken by largest game point differential between scored and yielded in the five matches (one doubles and two singles) played head-to-head.

h. VOLLEYBALL: Competition will be in accordance with National Federation of State High School Associations (NFSHSA) rules. Head-to-head competition between two SSC teams will be one match, best two out of three games. All games will be scored using rally points, to 25. Games must be won by two points, with no ceiling. Let serves must be played. Substitution will be player for player and will be unlimited.

(1) The winner of the match (head-to-head competition) will be the winner of two out of three games.

(2) The winner of each match = 1 point

(3) Any ball that hits anything above the playing court (hanging baskets) or outside of the playing court (basketball goals) will be considered out of play and will result in a point scored. The SSC team with the most points gained toward the overall volleyball competition will be declared champions. Second, third, etc., finishes will be determined by descending points gained. Tiebreaking rules:

(a) Result of the head-to-head competition between the two tied SSC teams.

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(b) If more than two SSC teams are tied for the same position, order of finish will be determined by most games won in round robin competition amongst the tied teams.

(c) Subsequent ties will be broken by the largest point differential between scored and yielded in the games played head-to-head.

SOCCER: Competition will be in accordance with the National Federation of State High School Associations (NFSHSA) rules. Games will consist of two, 30-minute halves, and a ten-minute half time. Unlimited substitution is allowed as controlled by the referee. In the interest of safety, **sliding tackles will not be allowed.**

(1) If a contest is tied after regulation play, there will be a shoot out. Coaches will select five players to kick penalty shots. The team that scores the most penalty shots is awarded the win. If there is still a tie after the initial shootout, there will be a sudden death shoot out. Coaches will select a sixth player to make penalty shots. If additional shootouts are necessary coaches will select a different player to make a penalty shot until a winner can be determine. If the entire roster has been depleted, and additional shootouts are still necessary teams will start over using the same alternating different players for each round until a winner can be determined. Each game won is awarded one point.

NOTE: to determine how many different players will kick penalty shots for each match, will depend on the team with the lowest number of players participating in that particular match. Example Army has 20 players dressed and participating, ICAF has 15 players dressed and participating. For the penalty shots Army will only have to use 15 different players to shoot penalty shots. The number 15 matches ICAF's dressed participants.

(2) The SSC team with the most points gained toward the overall soccer competition will be declared the champion. Second, third, etc., finishes will be determined by descending points gained. Tie breaking rules are:

(a) Result of the head-to-head competition between the two tied SSC teams.

(b) If more than two SSC teams are tied for the same position, order of finish will be determined by the largest goal differential between scored and yielded in the round robin competition between the tied teams.

EXAMPLE: 4 teams tie for first. Team with largest goal differential in the games played against the other 3 teams takes 1st place. Recalculate goal differential for the remaining 3 teams. Team with largest goal differential in the games played against the other 2 teams takes 2nd place. 3rd place determined by the winner of the head to head competition between the two remaining teams.

j. SOFTBALL: Competition will be in accordance with American Softball Association (ASA) Slow Pitch Softball:

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(1) No time limit; however, there is a **10-run rule**. If after five innings, one team is winning by 10 runs or more, the official declares the team with the most runs as the winner. In case of a tie score at the end of seven innings, extra innings will be played until a winner is determined. Home team for all games will be determined by a coin toss.

(2) The SSC team with the most wins at the end of the round robin competition will be declared champion. Second, third, etc., place finishes will be determined by descending number of wins. Tie breaking rules:

(a) Results of the head-to-head competition between the two tied teams.

(b) If a game becomes a route, the Sports Director may declare a winner in order to complete the softball competitions which may be threatened by severe weather.

(c) If more than two SSC teams are tied for the same position, order of finish will be determined by largest runs scored differential between scored and yielded amongst the tying teams in the round robin competition.

EXAMPLE: In a game (Friday morning) ICAF is winning over Army 23 – 1, in the second inning. There is a severe weather warning. The Sports Director has the authority to end this game awarding ICAF the winner and starting the next game ASAP in order to make every effort possible to ensure that all ten games in the softball competition are played.

Only softball bats that are ASA approved will be used for this event

k. ONE-MILE RELAY (WOMEN ONLY): Competition will be in accordance with National Federation of State High School Associations (NFSHSA) Track and Field rules. Relay teams for each SSC will consist of four runners. No metal spiked shoes. There will be a staggered start and the baton must be passed in the designated lane and limits. Each runner will run one-quarter mile (once around the track). Places will be determined according to the order of finish

l. TWO-MILE RELAY (MEN ONLY): Competition will be in accordance with National Federation of State High School Associations (NFSHSA) Track and Field rules. Relay teams for each SSC will consist of four runners. No metal spiked shoes. There will be a staggered start and the baton must be passed in the designated lane and limits. Each runner will run one-half mile (twice around the track). Places will be determined according to the order of finish.

NOTE: The baton must be carried **IN HAND** by each runner participating at all times during his/her leg of the relay race. Also at no time will anyone be allowed to pace runners. Only participants will be allowed in the infield. All other persons must stay outside the track or in the stands.

m. 5-MILE RUN (MEN ONLY): Competition will be in accordance with National Federation of State High School Associations (NFSHSA) Track and Field rules. The first five runners from each SSC will be computed in the scoring. Cross-country scoring

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method (one point for 1st place, two points for 2nd place, three points for 3rd place etc.) will be used. (Scoring using this method will be computed based solely on the finishing places of those runners on a team that finishes with at least 5 runners.)

(1) SSC team with the lowest point total is the winner.

(2) In case of tie in points, lowest individual time from tied teams determines team placing.

EXAMPLE: A runner from the Marine War College finishes 1st, an Army War College runner finishes 2nd, and an ICAF runner finishes 3rd. Marines aren't competing for the overall trophy and Army only has 4 runners finish. ICAF is awarded 1 point for the team event 1st place finish.

n. 5-KILOMETER RUN (WOMEN ONLY): Competition will be in accordance with National Federation of State High School Associations (NFSHSA) Track and Field rules. The first three runners from each SSC will be computed in the scoring. Cross-country scoring method (one point for 1st place, two points for 2nd place, three points for 3rd place etc.).

(1) SSC team with the lowest point total is the winner.

(2) In case of tie in points, lowest individual time from tied teams determines team placing.

EXAMPLE: A runner from the Marine War College finishes 1st, an ICAF runner finishes 2nd, and an Army War College runner finishes 3rd. Marines aren't competing for the overall trophy and ICAF only has 2 runners finish. Army is awarded 1 point for the team event 1st place finish.

VII. SUMMARY:

a. Rules for competition may not be changed

b. Rulings, clarification, explanations will only be rendered by the Sports Days Protest Committee, which was addressed earlier.

c. Any participant who is disqualified from a game/match for a unsportsmanlike act will be disqualified from participating in that particular event for the remainder of the 2006 Jim Thorpe Sports Days competition.

d. The purpose of Jim Thorpe Sports Days is friendly competition between SSCs. Coaches must place strong emphasis on conditioning, safety, and good sportsmanship.